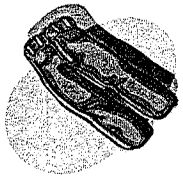
_____'s Potty Chart

(Your Child's Name)

 I pulled down my pants	I sat on the potty	I pooped/peed in the potty	I washed my hands	DAY
☆	☆	☆	☆	_____
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Information on Toileting of Your 3 and 4 Year Olds

Families are strongly encouraged to toilet train children prior to beginning the pre-school or pre-kindergarten program. DCPS Head Start School-Wide Model does not exclude children who are not yet toilet trained. However, teachers will begin the toilet training process at the start of school and will work with parents to encourage the use of consistent toilet training strategies at school and home.

If your child has a medical-related concern affecting toileting, be sure to share this information with your child's teacher so she/he can collaborate with you in providing the needed support to your child.

Guidelines for Toilet Training

- Not all classrooms can support the use of pull-ups: for these reasons child-size cloth underwear should be used. Be sure to check with your teacher to inquire about the best style of underwear to provide for your child. Also, children should wear easily removable clothing, such as: sweat pants, elastic waist clothing, dresses, and the like. We discourage the use of belts, zippers, "onesies" and overalls during toilet training.
- Accompany children during toileting and praise them for their efforts and accomplishments.
- Toilet learning should not be forced. Consider your child's ability carry out toileting activities. Children should never be punished, verbally or physically, for soiling or wetting their clothing, or for not using the toilet.
- Your teacher will need you to provide 2-3 extra changes of clothing for their children. If an accident occurs, your child shall be changed into clean clothes. Families will be informed in a timely fashion when additionally clothing is necessary.
- Reinforce your teacher's guidance at home until toilet training is complete.
- You will be kept up to date about your child's toilet training progress on a regular basis.

See the next page for an easy way to track your child's toilet training progress.