



DC Department of Human Resources
Center for Learning and Development
presents

2016 HEALTH & WELLNESS SERIES

LINE DANCING CLASSES

WEDNESDAYS EACH MONTH
(except holidays)
January – December 2016



5:30pm – 6:30pm

441 4th Street NW
1C Break Room
(located on the Basement Level)

No registration required—first 20 employees will be admitted--must sign in and complete a Release Form

For Info: Contact DCHR Center for Learning and Development at

202.442.9624

Open to all DC Government employees
Space is limited

Line Dancing is a great form of exercise in which dancers line up in rows without partners and follow a choreographed pattern of steps to music.

It's great for all ages and all fitness levels and it's a whole lot of fun!



LIVE
LOVE
LINE DANCE

